

# Gluten Free Lunch.



All of our gluten free meals are made in a designated gluten free area of the kitchen. Please ask a member of our team if you require detailed allergen information.

All of our sandwiches and jacket potatoes have homemade fillings on freshly baked gluten free white bread, accompanied by a generous fresh salad, homemade coleslaw and our Garden Room dressing.

## SANDWICHES

Free range egg mayonnaise (v)	£7.50
Home cooked ham hock & honey mustard	£7.75
Tuna mayonnaise	£7.50
BLT—the classic bacon, lettuce, tomato & mayo	£7.45
Coronation chicken	£7.95
Prawns with marie-rose sauce	£8.25
Smoked salmon & cucumber with cream cheese and fresh chives	£8.25

## TOASTED SANDWICHES

<b>The Garden Room Club</b>	£9.95
- triple layered with chicken, bacon, lettuce, tomato & mayo	
<b>The Veggie Club (v)</b>	£9.95
- triple layered with avocado, sun dried tomato, tomato humous, mushrooms and baby leaves	
<b>Just Cheese (v)</b>	£7.25
- add tomato or onion 30p, mushroom or ham 95p	
<b>Sausage &amp; Home-Made Onion Chutney</b>	£8.25
<b>Bacon, Brie &amp; Cranberry</b>	£8.50
<b>Chicken, Mozzarella &amp; Pesto</b> (contains nuts)	£8.50
<b>Tuna Melt</b>	£8.50

Any sandwich filling can be turned into a salad...just add £2.00 to the sandwich

### THICK CUT CHIPS

Our thick cut chips are cooked in a separate gluten free fryer. Add a portion to your meal for £2.50

## JACKET POTATO

Slow oven baked the traditional way

Cheddar cheese & beans (v)	£8.25
Tuna mayonnaise	£8.25
Brie and mushroom (v)	£8.25
Coronation chicken	£8.50
Prawns with marie-rose sauce	£8.95
Homemade vegetable curry (v)	£8.95

## THE FAVOURITES

<b>Ham, Egg &amp; Chips</b>	£8.75
Home cooked ham, 2 free range eggs served with our thick cut chips	
<b>Sausage &amp; Mash</b>	£8.25
Local gluten free sausages, with creamy mash, peas and gluten free onion gravy	
<b>Potato Skins</b>	£8.25
Choice of bacon, cheese & onion or cheese & spring onion served with fresh salad, homemade coleslaw and Garden Room dressing	
<b>Brunch at Lunch</b>	£8.95
Local gluten free sausage, 2 bacon, free range fried egg, field mushroom, thick cut chips and beans (no substitutions)	
<b>The Garden Room Burger</b>	£12.95
A cajun chicken burger, layered with cheese, bacon & pineapple, served in a gluten free brioche bun, with thick cut chips and coleslaw	

## DESSERT?

Take a look at our cake selection, we always make sure we have gluten free options available.

Or take a slice home!